

TAKE OUT MENU

COFFEE / FRESH BAKES / SWEET TREATS

Call & collect option available - 0113 2242284

SANDWICHES

with mixed leaves

Prosciutto Ham, Brie, Cranberry
Sauce & Toasted Almonds

£4.50

Feta, Lemony Olive Tapenade,
Hummus & Roasted Red Peppers (V)

Falafel, Pickles, Cherry Tomatoes with
Siracha Mayo (VG)

BOWERY SEASONAL SALAD BOWL

(VG/GF)

Raw Kale Salad, Lentils & Citrus
Marmalade Vinaigrette. Served with
Feta or Freshly made Hummus

£5.00

SAVOURY BAKES

Sundried Tomato, Harissa &
Cheddar Roll (V)

Pork, Apple & Wensleydale Pie
Curreied Butterbean, Spinach &
Corriander Roll (VG)

£3.00

SWEET TREATS

See daily selection on counter
[includes GF & VG]

from
£2

Please ask

COLD DRINKS

HARROGATE WATER

Spring Water Since 1571
Sparkling & Still

£1.20

FROBISHERS

100% juice

Orange,
Mango
Apple Juice
Bumbleberry

£2.20

CAWSTON PRESS

Pressed Fruit No Sugar

Apple & Raspberry
Apple & Summer Berries

£1.40

DAIRSTON FIZZY DRINKS

Real Fruit No Sugar No Sweetner

Elderflower
Ginger
Lemonade

£1.85

FRESHLY MADE- SMOOTHIES

Fruit Fusion

Selection of Fresh Fruits,
Bumbleberry Juice

£4.50

Orange & Ginger Detox

Banana, Ginger, Orange Juice &
Seeds

Turmeric & Mango

Turmeric, Banana, Mango & Coconut

NORTHERN BLOC ICE CREAM

100ml
(VG / GF)

Chocolate & Orange Blossom
Pear & Ginger

£1.50

ALLPRESS ESPRESSO / BLENDSMITHS COFFEE / BLENDS TO GO

(soya or oat available as well as decaf)

Espresso £2.20

Long Black £2.50

Americano £2.50

Macchiato/ Cortado £2.50

Flat White £2.60

Cappuccino £2.80

Cafe Latte £2.80

Mocha £3.00

BLENDS

Chai/Chocolate/Matcha £3.00

extra shop /syrup £0.50

ICED

Cafe Latte £3.00

Mocha £3.50

Chai/Chocolate/Matcha £3.50

BREW TEA Co

Earl Grey £2.50

Green Tea

Moroccan Mint

English Breakfast

Lemon & Ginger

JARR KOMUBUCHA TEA

A natural blend of fermented tea

Ginger

Raspberry

Original

£3.50

WEEKEND PRE-ORDER [order Wed for Fri / Sat / Sun Collection]

BREAKFAST PASTRIES

Almond Croissant

£3

Cinnamon Bun

£3

Cruffins

£3.5

ALLPRESS COFFEE 250g

Filter /Cafetiere / Beans

£9

ESSENTIALS

Organic Eggs Harry Hodgson -

Stamfrey Farm (UK5) 1/2 dozen

Acorn Organic Butter 500g

Acorn Organic Milk 2l

£2.80

£2.60

£2.40

BONDGATE BAKERY BREAD

Oat Cob

Mixed seed

Sourdough

£3

SWEET TREATS

Homemade Brownies

£3 each

£15 half

tray

Homemade Banana & Walnut

£3 each

£15 loaf

FRESHLY BAKED SCONES

Wholemeal Cherry & Ginger /

Cheese / Fruit / Wholemeal Date

£2 each

3 for £5

VG - VEGAN

GF - GLUTEN FREE

V - VEGETARIAN

ALLERGY ADVICE

Please ask a member of the Bowery team if you have any allergen questions or specific dietary requirements

